

Things	Notes	Tick
Sailing Gloves Garden Gloves	These stop your hands getting rope burns, trapped in anchor chains and all sorts of other nasties. Sailing is fun really !	
Compass	Yachts usually are fully equipped with navigation items but I like to take some myself just for fun.	
Light Jackets	As in not heavy. Even in the warmest weather it can get a bit chilly on the water if you are cracking along at 7 knots.	
Cable Ties	All sorts of colours and sizes. We use them to identify each persons life jacket and safety harness for easy grabbing in an emergency. They can also be used to mark the anchor chain lengths if you want precision anchor drops.	
Loo Paper	Again yachts have them, but tavernas can be a bit lacking	
Straps	The kind for tying luggage onto car roof racks. Very useful for strapping down the inflatable on deck whilst sailing.	
Beach Mats	Thin cushion types to add comfort in the cockpit or even the beach.	
Sailing Guides Charts	Again the yachts are equipped but you cannot write on them or bring them home, so personal copies are good for keeping notes and as a holiday record	
Sun tan lotion	Say no more	
Mossie repellent	Mosquitos can be a nuisance in the evening ashore. The yachts have pretty good mosquito nets for night time	
Sharp kitchen knife	If you do cooking or want to cut oranges for fresh orange juice	
Sharp sailing knife	For cutting ropes and stuff	
CDs	To play whilst you are on the high seas. Or in the harbour if you turn the volume down or feel anti-social	
Cake	Good high energy rations when on the move. You no doubt can buy them there but you can't beat a home made one.	
Alarm Clock	In case you do need to leave port before midday.	
Sailing/Deck shoes	Light soled non-slip and ones that can get wet. Most of the time we are bare footed but when fiddling about on deck it is surprising how many	

	things jump out and stub your toes	
Swimmies	That is what is worn most of the time	
T-shirts	To cover up occasionally	